

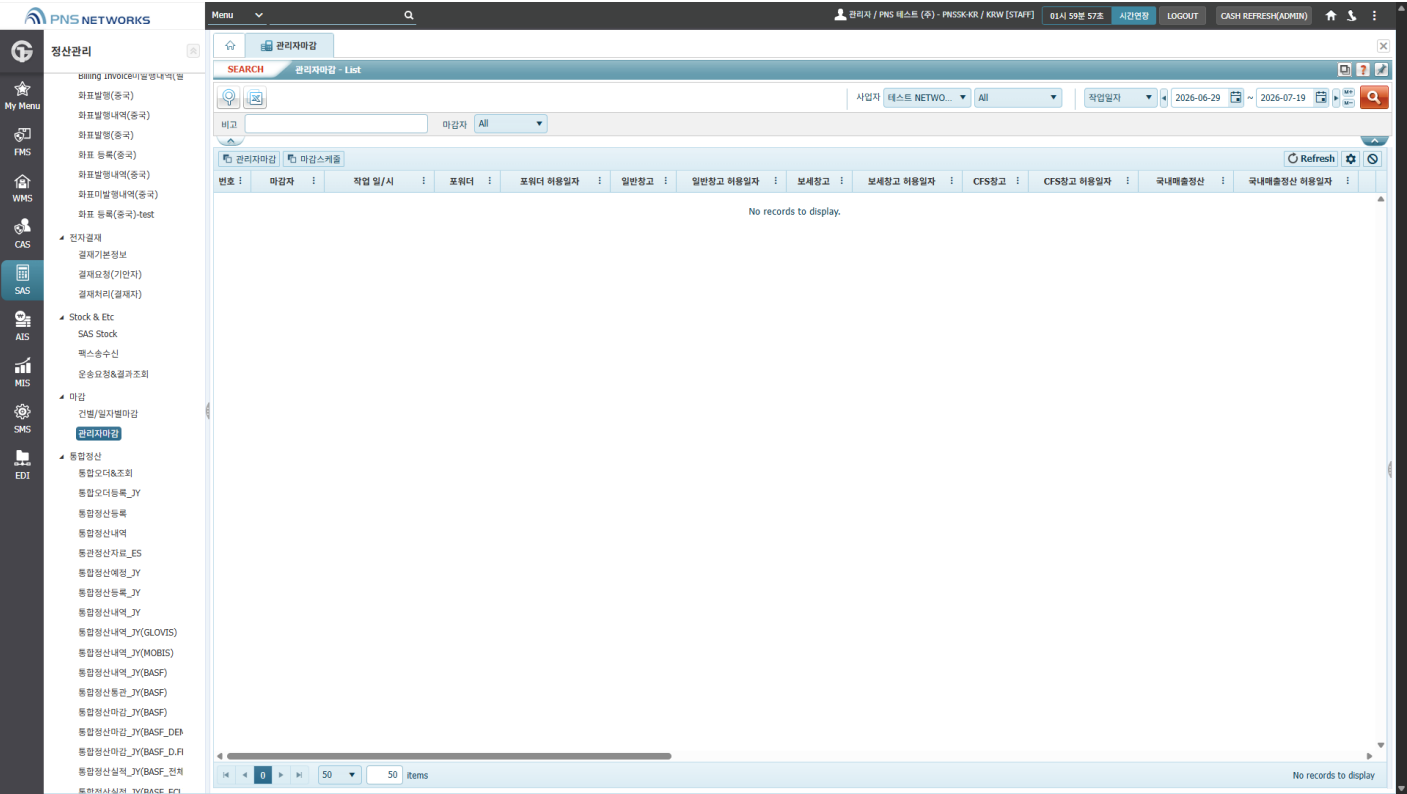


Figure 1. The flowchart of the study design. The study was conducted in two phases. In the first phase, a pilot study was conducted to determine the feasibility of the study. In the second phase, a larger study was conducted to evaluate the effectiveness of the intervention. The study was conducted in two phases. In the first phase, a pilot study was conducted to determine the feasibility of the study. In the second phase, a larger study was conducted to evaluate the effectiveness of the intervention.

Revision #2
Created 2026-07-13 09:21:24 UTC by binary
Updated 2026-07-13 09:21:25 UTC by binary